Samantha A. Morel, PhD

LICENSED PSYCHOLOGIST IN TEXAS (#38550)

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Education

Ph.D., Counseling Psychology (APA Accredited) Aug 3, 2019

Purdue University, West Lafayette, IN · GPA: 3.97

Advisor: Eric Deemer, Ph.D.

Dissertation (Defended Dec 6, 2018): *Exploring a career path towards well-being: How parental behaviors, career values awareness, and career decision-making self-efficacy impact well-being in undergraduate college students*

Pre-Doctoral Internship: Texas A&M University Student Counseling Service (APA Accredited)

MS. Ed., Mental Health Counseling 2014

Fordham University, New York, NY · GPA: 3.97

Master's Internship: Dr. Robins & Associates

B. S., Psychology 2012

Louisiana State University, Baton Rouge, LA · GPA: 3.64

Clinical Experience

Licensed Psychologist (TX #38550) and Owner August 2020 – Present

Samantha Morel, PhD, LLC, The Woodlands, TX

- Providing intakes and individual psychotherapy to clients of all ages.
- Offering comprehensive neurocognitive and psychological batteries (including neurological, cognitive, personality, executive functioning assessments) including comprehensive assessment reports and feedback to clients and referring clinicians (and parents).
- Provide outreach and community support to local area

Post-Doctoral Resident & Assistant Director of Psychological Assessment Sep. 2019 – May. 2020

Houston Family Counseling, Humble, TX

Clinical Supervisor: Susan Pollard, Ph.D.

- Provided intakes and individual psychotherapy to clients of all ages on contract basis.
- Offered comprehensive neurocognitive and psychological batteries (including neurological, cognitive, personality, executive functioning assessments) including comprehensive assessment reports and feedback to clients and referring clinicians (and parents) on contract basis.
- Created procedures and policies related to assessment and ethical private practice.
- Engaged in weekly individual supervision.

Pre-Doctoral Psychology Intern, Texas A&M University Aug. 2018 – Jul. 2019

Student Counseling Service (APA Accredited), College Station, TX

Training Director: Jason Hindman, Ph.D., ABPP

Primary Clinical Supervisors: Connie Langellier, Psy.D. (Fall) | Robert Carter, Ph.D., ABPP (Spring & Summer)

- Provided triage appointments, intakes, group counseling, and brief individual psychotherapy to college students presenting a variety of concerns, including effective documentation
- Responsible for a 2-hour per week crisis shift
- Engaged in 2 hours of weekly individual supervision and biweekly case consultation
- Provided supervision to practicum clinicians as an individual and group supervisor
- Engaged in specialized training rotations in Clinical Supervision (Fall with Dr. Christina Ingram), Cognitive Behavioral Therapy (Spring with Dr. Carrie Klemt), Psychological Assessment Administration (Spring with Dr. Christina Ingram)
- Responded to requests for outreach and create presentation materials (approx. once per month)
- Attended and participated in weekly didactics seminars on various clinical topics
- Regularly engaged in referral and consultation as appropriate given scope of the agency

Advanced Doctoral Practicum, Purdue University Aug. 2017 – May 2018

Counseling and Psychological Services, West Lafayette, IN

Training Director: Colleen Maguire Jackson, Ph.D. · Primary Clinical Supervisor: Julie Beckwith, Psy.D.

- Conducted intake assessments and provided brief psychotherapy to a caseload of college students with a variety of DSM-5 diagnoses
- Composed detailed intake reports, session notes, and termination reports as appropriate
- Engaged in weekly individual and biweekly group supervisions, and didactic seminars

Doctoral Career Assessment Practicum, Purdue University Summer 2016 & 2017

Purdue Counseling and Guidance Center, West Lafayette, IN

Primary Clinical Supervisor: Eric Deemer, Ph.D.

- Administered career and intellectual assessments to high school students (including semi-structured interviews, NEO PI-R, Self-Directed Search, Strong Interest Inventory and Skills Confidence Inventory, and Woodcock-Johnson III Brief Battery)
- Interpreted and created integrated assessment reports, session notes, and termination reports
- Engaged in weekly group supervision

Advanced Doctoral Practicum, Indiana University-Purdue University Indianapolis Aug. 2016 – May 2017

Counseling and Psychological Services, Indianapolis, IN

Training Director: Emily Williams, Psy.D. · Primary Clinical Supervisors: Becca Stemple, Psy.D. (Fall) | Michelle Doeden, Ph.D. (Spring)

- Provided intake assessments, weekly psychotherapy, and crisis interventions to a caseload of college students with a variety of DSM-5 diagnoses
- Engaged in weekly individual supervision, group supervision, and clinical didactic training

Doctoral Practicum, Purdue University Aug. 2015 – May 2016

Purdue Counseling and Guidance Center, West Lafayette, IN

Primary Clinical Supervisors: Eric Deemer, Ph.D. (Fall) | Blake Allan, Ph.D. (Spring)

- Provided intake assessments, weekly psychotherapy, and crisis interventions to a caseload of college students and community members with a variety of DSM-5 diagnoses
- Composed detailed intake reports, session notes, and termination reports as appropriate
- Attended in weekly individual supervision and weekly case consultation

Pre-Doctoral Clinical Experience

Fulltime Mental Health Professional Jul. 2014 – May 2015

Community Empowerment Services, Baton Rouge, LA

Primary Clinical Supervisor: Walthena Gosa, LFMT

- Provided psychotherapy (1-4 times per week) to a caseload of clients (child, adolescent, and adult) with a variety of DSM-5 diagnoses
- Facilitated communication and advocating for clients' needs between client, parent, psychiatrists, and teachers as needed
- Attended and participated in weekly group supervision and monthly staff meetings and continuing education opportunities

Masters Internship Sep. 2013 – May 2014

Dr. Robins & Associates, New York, NY

Director: Charles E. Robins, Ph.D. · Primary Clinical Supervisor: Elenor Daneshvar, Psy.D.

- Provided weekly trauma-focused psychotherapy to a caseload of clients with a variety of PTSD, Depression, Anxiety, and Post-Concussion Syndrome diagnoses
- Observed the administration of Neurocognitive and Psychological evaluations
- Attended and participated in weekly case conferences

Group Experience

What's Next!? Group Therapy Fall 2019 – Summer 2022

Managing Anxiety Group, Texas A&M SCS Summer 2019

Co-facilitator with Alexandria Ambrose, Supervised by Dr. Esther Wright, Ph.D., ABPP

- 6-week semi-structured group designed for those who struggle with anxiety (7 students in the group)

Understanding Self and Other Group, Texas A&M SCS Spring 2019

Co-facilitator with Robert Carter, Ph.D., ABPP

- Unstructured process group where members gain a better understand of themselves, relationship patterns, and develop ways of changing these patterns to improve relationships (8 students in the group)

Strong Interest Inventory Workshop, Texas A&M SCS Oct. 2018 & Mar. 2019

- Created a presentation on the assessment and facilitated students in how to interpret their personalized results (approx. 10 students in each workshop)

Embracing Your Self-Worth Group, Texas A&M SCS Fall 2018

Co-facilitator with Kari Keller-Becker, Ph.D.

- 8-week semi-structured group designed for those who struggle with feeling worthy or accepting themselves, and considering what it means to care for themselves (8 students in the group)

Understanding Self and Other Group, Purdue University CAPS Spring 2018

Process Observer for Kyle Kittleson Psy.D. & Cheryl Wilson Psy.D.

- Unstructured process group where members gain a better understand of themselves, relationship patterns, and develop ways of changing these patterns to improve relationships (approx. 8 students in the group)
- As process observer, I observed and gave feedback to the group on the process of the sessions, participated in supervision, as well as managed group notes/documentation

Mindfulness-Based Stress Management Group, IUPUI CAPS Aug. 2016 – May 2017

Co-facilitator with Monica Villalta-Rabb, Psy.D. (Fall) | Michelle Doeden, Ph.D. (Spring)

- 6-week semi-structured group to teach about mindfulness and practice meditation techniques that can help reduce stress levels (approx. 10 students in each group)

Clinical Supervision Experience

Individual Supervisor, Texas A&M SCS Jan. 2019 – Aug. 2019

- Served as the primary supervisor for one second-year counseling psychology doctoral student
- Participated in weekly 2-hour group supervision of supervision

Practicum Group Supervision, Texas A&M SCS Fall 2018

Co-facilitator with Christina Ingram, Ph.D.

- Co-facilitated weekly 2-hour clinical group supervision and provided feedback to supervisees (4 practicum students in the group)
- Participated weekly in one hour of individual supervision of supervision

Teaching Experience

Graduate Assistant, Purdue University Summer 2018

Collaborative Leadership and Interpersonal Skills (EDPS 315)
Primary Supervisor: Brittany Gundel, Ph.D.

- Assisted in reformulating course outline, manuals, and guidelines for upcoming sections
- Researched and integrated new materials for the course
- Developed online resources and a class website for instructors to in facilitating courses

Instructor, Purdue University Aug. 2016 – May 2018

Collaborative Leadership and Interpersonal Skills (EDPS 315)
Primary Supervisor: Brittany Gundel, Ph.D.

- Instructor of record for four sections over two semesters (Approx. 25 students per section)
- Facilitated student learning in areas of leadership, active listening and interpersonal skills
- Created course material, taught bi-weekly classes, graded assignments, provided students with feedback, answered student questions, held office hours and managed online course website

Instructor, Purdue University Aug. 2015 – Dec. 2016

Academic and Career Planning (EDPS 105)
Primary Supervisor: Colleen Brown, M.S.

- Instructor of record for five sections over three semesters (Approx. 20 students per section)
- Facilitated student learning in areas of career exploration and decision-making
- Generated course material, taught bi-weekly classes, graded assignments, provided students with feedback, answered student questions, held office hours and managed online course website
- Engaged in weekly to instructor preparation meetings

Instructor, Purdue University Spring 2016

Introduction to Research Methods in Psychology Lab (PSY 203)
Primary Supervisor: Thomas Redick, Ph.D.

- Instructor of record for one section (Approx. 22 students)
- Facilitated student learning in areas of research methods and APA writing
- Generated course material, taught class once a week, graded assignments, provided students feedback, answered student questions, and managed online course website

Undergraduate Teaching Assistant, Louisiana State University Spring 2012

Statistical Analysis Lab
Primary Supervisor: Michael McKenna

- Collaborated with the graduate teaching assistant to teach lab lessons, answered student questions on lab material, and assisted with SAS software problems (Approx. 20 students)

Research Experience

Doctoral Student, Career Development Research Lab Aug. 2015 – June 2018

Research Supervisor: Eric Deemer, Ph.D.

- Actively participated in team-based research projects investigating the intrapersonal and sociocultural factors that influence individuals' academic- and career-related attitudes, decisions, and behaviors.
- Engaged in weekly research meetings to support and supervisee lab mate's work

Research Assistant, Starr Career Development Center Apr. 2013 – May 2014

Baruch College, New York, NY

Research Supervisor: Richard Orbé-Austin, Ph.D.

- Facilitated research focused on Asian American college students and factors of career decision making self-efficacy, ethnic identity, English language fluency, and career development
- In charge of all data entry, verification, cleaning, and analysis

Research Assistant, Anxiety and Addictive Behaviors Laboratory Aug. 2011 – May 2012

Louisiana State University, Baton Rouge, LA

Research Supervisor: Julie Buckner, Ph.D.

- Screened for eligible study participants and engaged in data entry, verification, cleaning
- Served as a confederate in experiments aimed at understanding the processes involved in anxiety disorders, substance use disorders, and their co-occurrence

Research Assistant, Beck Visual Cognition Research Laboratory Aug. 2010 – May 2011

Louisiana State University, Baton Rouge, LA

Research Supervisor: Melissa Beck, Ph.D.

- Ran an intensive experiment related to research on theoretical and applied questions related to visual attention and memory
- Responsible for following protocol that required manipulation of an eye-tracking device and answered participant questions related to experiments

Publications & Presentations

Publications

Deemer, E. D., Yough, M., Morel, S. A. (2017). Performance-approach goals, science task choice, and academic procrastination: Exploring the moderating role of competence perceptions. *Emotion and Motivation*. https://doi.org.ezproxy.lib.purdue.edu/10.1007/s11031-017-9649-z

Deemer, E. D., Dotterer, A., Morel, S. A., Bastnagel, A. (2017). Undergraduate students' achievement goals for conducting research: Examining the motivational benefits of classroom affiliation. *Learning Environments Research, 20*(3), 325-338.

Ponterotto, J.G., Reynolds, J. D., Morel, S. A, & Cheung, L. (2015). Psychobiography training in psychology in North America: Mapping the field and charting a course. *Europe's Journal of Psychology, 11* (3), 459-475.

Presentations

Morel, S. A, Chen, C., Jensen, L., & Deemer, E. (2018, April). Differing perceptions of support? Exploring high school students' and parents' perceptions of career behaviors. Poster session presented at the annual meeting of the Great Lakes Regional Counseling Psychology Conference, Kalamazoo, MI.

Morel, S. A. (2017, October). Exploring a career path towards well-being: How parental behaviors, career values awareness, and career decision-making self-efficacy impact well-being in undergraduate college students. Brown Bag lecture presentation for Purdue College of Educational Studies.

Deemer, E. D., Dolson, J., Morel, S. A., Bastnagel, A. (2016, August). Psychological Well-Being of Women Engineers: Examining the Moderating Role of Gender Bias in the Workplace. Poster session presented at the annual American Psychological Association, Denver, CO.

Morel, S. A., & Deemer, E. D. (2016, April). Symptoms of depression and academic major decision-making self-efficacy: Examining the moderating roles of parental attachment and academic support/guidance. Poster session presented at the annual meeting of the Great Lakes Regional Counseling Psychology Conference, Bloomington, IN.

Morel, S. A, Reynolds, J. D., & Ponterotto, J. G. (2013, October). Psychobiography in teaching psychology. Poster session presented at the annual meeting of the Northeast Conference for Teachers of Psychology, Bridgeport, CT.

Committee Membership & Professional Development Activities

Training Committee, Texas A&M SCS Jan. 2019 – Jul. 2019

- Serve as an engaged member of the committee focused on continuity of training program, access to training, and aspects of the training program as they relate to the center's needs

Suicide Prevention Training Team, Texas A&M SCS Jan. 2019 – Jul. 2019

- Attended a 2-day long training to deliver Campus Connect and Question, Persuade, Refer (QPR) programming on a college campus
- Prepare and facilitate trainings on campus as requested by faculty, staff, and students

Clinical Services Committee, Texas A&M SCS Fall 2018

- Served as an active member on the committee focused on evaluating and providing prompt, effective, ethical and appropriate clinical services to students

Counseling Psychology Multicultural Seminar, Purdue University Fall 2017

- Worked as student representative to plan a 90-minute bi-weekly seminar focused on multicultural issues in psychology for counseling psychology doctoral program

Direct Relationship Team, Purdue CAPS Sep. 2017 – May 2018

- Served as a member of the direct relationship outreach team focusing on the Purdue Latino Cultural Center

Building Bridges, Purdue University Oct. 2017

- Volunteered as a group facilitator of safe discussion spaces for students and community members who were affected by the ending of DACA, Muslim travel ban, and other anti-immigrant issues in the community

Professional Associations & Specialized Trainings

Professional Associations

- American Psychological Association Member
- American Psychological Association Division 17 Affiliate
- Texas Psychological Association
- New England Psychological Association

Specialized Trainings

- The Gottman Institute- Level 1 Training
- Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training (Distance Training)
- PESI Acceptance & Commitment Therapy: 2 Day Intensive ACT Training (Attended June 2019)
- Social Justice in College Counseling Conference 2019: Providing Gender-Affirming Care to Transgender, Gender Non-Conforming, & Non-Binary Students (Attended May 2019)
- Race Identity and Social Equity (RISE) Conference (Attended March 2019)
- Counseling Those Who Self-Injure: A Strength-Based, Humanistic Approach (Attended March 2019)
- Question Persuade Refer (Trained to present materials January 2019)
- Campus Connect (Trained to present materials January 2019)
- Aggie Allie (Safe Zone Training; Attended September 2018 & April 2017)
- Two-Day Advanced Training for Mental Health Providers – Brief Cognitive Behavioral Therapy for Suicide Risk (Attended February 2017)
- Asexuality 101 Training (Attended October 2017)

Technical Skills & Assessment Administration Experience

Technical Skills

- AMOS (basic proficiency), Blackboard, Clinical Advisor, HTML (basic proficiency), Photoshop (basic proficiency), Microsoft Office (Excel, Word, PowerPoint), Mplus, R Studio, SAS, SPSS, Survey Monkey, Titanium, TherapyNotes.com, Pearson QGlobal, Pearson QInteractive, Q-Intake

Assessment Administration Experience

- Anger Disorders Scale (ADS)
- Myers-Briggs Type Indicator (MBTI)

- Autism Disorders Scale- Revised (ADI-R)
- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory (BDI)
- Conners Comprehensive Behavior Rating Scale
- Conners Continuous Performance Test
- Eating Disorders Inventory (EDI-3)
- Fundamental Interpersonal Relations Orientation (FIRO-B)
- Millon Adolescent Clinical Inventory (MACI)
- Millon Clinical Multiaxial Inventory-IV (MCMI-IV)
- Minnesota Multiphasic Personality Inventory (MMPI-2)
- NEO- Personality Inventory (NEO-PI-3)
- Personality Assessment Inventory (PAI)
- Quality of Life Inventory
- Rorschach Test
- Self-Directed Search (SDS)
- Strong Interest Inventory and Skills Confidence Inventory (SII)
- Thematic Apperception Test
- Wechsler Adult Intelligence Scale (WAIS/WISC)
- Wechsler Individual Achievement Test (WIAT)
- Woodcock-Johnson III Brief Battery (WJ-III)

Scholarships & Awards

- Purdue College of Education Graduate School Scholarship: Award amount of $2,000
- Fordham Graduate School of Education Scholarship: Award amount of $16,314
- Taylor Opportunity Program for Students: Award amount of $14,001
- Roddy L. Richards General Studies Scholarship at Louisiana State University
- Dean’s List, Louisiana State University

References

Available upon request.